

Middle & High School Lunch Menu

Week of: Sept. 18-22

Monday	Tuesday	Wednesday	Thursday	Friday
Hot Dog or Brat (5) Fries Fruit Choice & Milk	Beef & Cheese Taco (2,4) Dinner Salad Fruit Choice & Milk	Chicken Tender (4,5) Mashed Potato (2,4,5) Dinner roll (2,5) Fruit Choice & Milk	Spaghetti w/ meat sauce (5) Green Beans Garlic Toast Fruit Choice & Milk	Pizza (2,4,5) Dinner Salad Fruit Choice & Milk

Week of: Sept. 25-29

Monday	Tuesday	Wednesday	Thursday	Friday
Corn Dogs (1,4,5) Hashbrowns Fruit Choice & Milk	Beef & Cheese Nacho (2,4) Dinner Salad Fruit Choice & Milk	Chicken Tender (4,5) Mashed Potato (2,4,5) Dinner roll (2,5) Fruit Choice & Milk	General Tso (1,2,4,5) Swt. & Sour Chicken (2,4,5) Rice (4,5) Fruit Choice & Milk	Little Caesars Pizza (2,4,5) Dinner Salad Fruit Choice & Milk

Lunch Prices

Students: Free Adult: \$5.25 Milk: \$0.50

Wrap & Salad Line

(Monday – Thursday)

Meat Options

Fajita Chicken (4) or Grilled Chicken (4)
WG Spicy Chicken (4,5)
Pulled Pork

Vegetables

Lettuce
Tomato
Cucumber
Green Peppers
Jalapeno
Black Beans
Pickles
Carrots
Celery

Grains

WG Sub bun (5)
Tortilla Shell (5)
GF Shell
Croutons (2,5)
Rice Noodles (5)

Served with small bag of chips and fruit choice.

Allergens

- | | |
|-----------|---------------------|
| 1. Egg | 4. Soy |
| 2. Milk | 5. Wheat |
| 3. Peanut | 6. May contain eggs |

Salads are served with one of the following dressing: Ranch (1,2)
Caesar (1,2,4,5)
Italian

Offered Daily

Fruit choice

Apples, banana, Orange's applesauce, peaches
Pineapple, mixed fruit, slushes.

Milk choice

1% white milk
FF chocolate milk

Grab & Go Meals

Salad
PBJ Meal (3,5)

All students will receive free breakfast and lunch.

There will be no charging allowed for ala carte or second meals. Purchasing just milk is an ala carte item.

If paying online and you need your login information, please email your request to: vbaker@newlothrop.k12.mi.us.

This institution is an equal opportunity provider.